Eastern Health

Patents' Lives Could Depend On You...

CODE RED (FIRE SAFETY)

BASIC GUIDE TO
dr. l.a. miller centre site
A - Alarm
Activate Fire Alarm using nearest manual pull station. DIAL 2000. Tell the Switchboard Operator you are at the LAMC and indicate the exact location and severity of the fire.

R - Rescue people in immediate danger.

C - Contain Fire
Close all doors, windows and chutes to contain fire and reduce the spread of smoke.

E - Extinguish or Evacuate
Extinguish a small fire if you are confident and trained or evacuate upon hearing alarm quicken (evacuation bells are approximately 120 tones per minute).

Staff: Evacuate horizontally or vertically as directed.

Visitors: Proceed to muster area.

STAY CALM & IN CONTROL (Never shout FIRE!)
Know the fire alarm/exit zones for the 3 buildings.

- Participate in drills and training programs.
- The extinguishers and their locations.
- Familiarize yourself with exits, evacuation routes, use of extinguishers, exits.
- Know the location of safety equipment (i.e., alarms).
- Know your specific duties in case of FIRE.
- Your unit.

Prepare/emergency plans located in the TEAL BINDER on

Read and understand the "Internal Emergency

2. Prepare

Report defective equipment when discovered.

a. Don't code red or "close calls.

b. Report it and ensure that it is followed up with to prevent halway.

c. (smoke, burning popcorn, person smoking in a back)

Do you notice something that may cause a code red?

1. Mitigate/prevent codes

Recover

Respond

Prepare

1. Mitigate or prevent codes

Emergency Planning

All employees should recognize the 4 steps of

Mitigate > Prepare
Floor of Southcoat Hall:

- An evacuation chair is available on the ground floor.
- Elevators in the main block.
- The main block of the LANC and then use the stairs or the LINK to evacuate.
- Use the stairs of the LINK to evacuate through.
- Some patient/s with limited mobility may need separate assistance.
- Ensure children are not close to Southcoat Hall.
- Please ensure children are not close to Southcoat Hall.
- There will be groups of children evacuating from.

Do NOT USE ELEVATORS!

- This LINK is for persons unable to evacuate using the stairs or through
- The Fire Wardens will inform the Fire Marshal of any
- Evacuation Bell in Southcoat Hall is ringing.
- The LINK must also evacuate all the single story external muster stations.
- Everyone must evacuate down the stairs/doors to the
- Follow the directions on your Unillocation Action Card.

Southcoat Hall Single Stage Evacuation Bell

3. Respond

Signal:

- Southcoat Hall has a one stage evacuation bell and is an EVACUATION SIGNAL.
- Which rings quickly (approx. 120 bell per minute).
- The second stage is an EVACUATION SIGNAL.
- Slowly (approx. 20 bell per minute).
- The first stage is an ALERT SIGNAL which rings
- A two stage fire alarm system.
- The LANC Main Block and the Veterans Pavilion have
- A FIRE ALARM ZONE is the number assigned to each

Prepare « Respond
Instructions:

until your location as indicated on your location.

- **Please note:** If it is not safe to return to your unit.

CLEAR is given overhead.

**Do NOT** resume normal operations until ALL systems.

Stand by for announcements on the Public Address.

Be prepared to shut down equipment.

Inform visitors to remain in present location until.

Check and Clear routes for evacuation.

Close all doors/windows.

Reassure patients: account for all.

**Do NOT** use elevators.

Follow the directions on your unit or department.

**Report to your unit/departiment** at if it is safe to.

At 2st stage **ALERT SIGNAL is sounded:**

Approximately 20 tone/minute.

1st stage Alert signal (slow alarm bell)

LAMC Main Block or Veterans Pavilion

Respond
Patients are evacuated in the following order:

- D: Resistant
- C: Non ambulatory
- B: Semi ambulatory
- A: Ambulatory

Movement should take place in the following order:

1. Exterior: outside to our muster stations on main floor.
2. Vertical: to another floor below the alert zone by way of the stairwell or outside if the LAMC, that usually requires moving to the LAMC's, either adjacent fire zone(s).
3. Horizontal: to adjacent fire zone(s). At rooms on either side of the fire, outward from the fire site. Stay with the supervisor.

Evacuation takes place when:

- R.A.C.E.
- See quick reference at front of pamphlet.
- Approximatively 120 tones/minute
- And stage evacuation (fast alarm bell)
- LAMC Main Block or Veterans Pavilion

Respond
Smoke or fumes
until they have cleared the area of all debris.
May require everyone to remain out of the area.
If smoke or fumes are present, the Fire Dept.
CLEAR.
Marshall or Fire Dept. must announce an ALL CLEAR.
If you have evacuated outside, the Fire Dept. has given an OVERHEAD.
DO NOT resume normal operations until the OFFICE OF SECURITY has given an OVERHEAD.

4. Recover.
Back away from the fire area and close the door behind you.

- Discharge the entire contents of the extinguisher.
- Avoid breathing in heated smoke. Breathe fresh air and discharge from low.
- Protect yourself at all times.
- If possible, have another person assist you.

S Sweep the nozzle from side to side.

S Squeeze the handle to discharge the contents of the unit.

A Aim the nozzle at the base of the fire from 5-6 feet away.

P Pull the pin.

And effective use. Then follow the simple acronym P.A.S. S. for safe

When the situation calls for you to use an extinguisher

Department arrives. The sprinkler system will act for the blaze until the fire

Close the doors and windows to the room as you leave.

If there's an escape route, get out immediately.

Extinguishers are for small fires. When it starts, if the spread

Fire Extinguishers